

Department of Psychology, The College of New Jersey

## **Research Goal**

To reinterpret stereotype threat effects using the regulatory fit framework

# Introduction

#### **Stereotype Threat and Lift**

- Research documents the negative impact on performance given the activation of a negative stereotype
- These performance decrements are known as stereotype threat effects (Steele & Aronson, 1995; Aronson, Lustina, Good, Keough, & Steele, 1999; Stone, Lynch, Sjomeling, & Darley, 1999)
- For example, when an intellectual test was framed as diagnostic of ability, Black participants underperformed White participants but not when the test was framed as non-diagnostic or difficult for everyone (Steele & Aronson, 1995)
- There is evidence of improved performance given the activation of positive stereotypes (Watson & Cohen, 2003), known as stereotype lift.

### **Regulatory Focus**

- A motivational mechanism that tunes sensitivity to gains and losses in the environment (Higgins, 1997)
- Promotion focus increases sensitivity to gains
- Prevention focus increases sensitivity to losses
- Posited as a stereotype threat mechanism
- A negative stereotype induces a prevention focus and a positive stereotype induces a promotion focus (Seibt & Förster, 2004)

#### **Regulatory Fit and Stereotype Fit**

 Regulatory focus and stereotype effects depend on the match between focus and environment (Maddox, Markman, & Baldwin, 2007; Maddox, Baldwin, & Markman, 2006, Grimm, Markman, Maddox, & Baldwin, 2009)

	Gains	Losses
Positive stereotype ("Promotion")	Match	Mismatch
Negative Stereotype ("Prevention")	Mismatch	Match

- Match states tend to improve performance because individuals experiencing a match are more cognitively flexible than those in a mismatch, likely due to the engaged neural systems (e.g., Maddox & Ashby, 2004)
- For example, women perform better on a GRE math test when focused on minimizing losses rather than maximizing gains (Grimm et al., 2009), in fact eliminating the classic stereotype threat effect for women in math. This improvement is due to the match between their negative math-related stereotype and the losses reward structure of the task.

# **Stereotype Fit Effects in Information-Integration Classification Learning** Lisa R. Grimm, Diana M. Barral, Lynda M. Pagan, Erin K. Haughee, **Benjamin D. Lewis, and Jillian M. Albert**

# **Experiment Overview**

### **Participants**

- 118 TCNJ undergraduates participating for course credit
- 67 Females and 51 Males

### Stereotype threat manipulation to induce Regulatory Focus

- Research participants were told that men were better at a classification task
- Men = Positive Stereotype = Promotion Focus
- Women = Negative Stereotype = Prevention Focus

#### Information-integration classification task

- Participants classified lines that varied in length, orientation, and position on the screen into two categories
- Completed 12 blocks of 48 trials each
- Requires participants to not use explicit verbal strategies to correctly classify stimuli
- The information-integration rule can yield 100% accuracy on the task but cannot be easily verbalized
- Should be difficult for cognitively flexible participants testing lots of classification rules



### **Task Reward Structure**

- Participants tracked their progress using a point meter on the screen
- 34 Females and 25 Males gained more points for correct responses
- Correct response = 2 points
- Incorrect response = 0 points



- 33 Females and 26 Males lost fewer points for correct responses • Correct response = -1 points
- Incorrect response = -3 points





Aronson, J., Lustina, M. J., Good, C., Keough, K., & Steele, C. M. (1999). When white men can't do math: Necessary and sufficient factors in stereotype threat. Journal of Experimental Social Psychology, 35, 29-46. Grimm, L. R., Markman, A. B., Maddox, W. T., & Baldwin, G. C. (2008). Differential Effects of Regulatory Fit on Category Learning. Journal of Experimental Social Psychology, 44, 920-927. Grimm, L.R., Markman, A.B., Maddox, W.T., & Baldwin, G.C. (2009). Stereotype threat reinterpreted as a regulatory mismatch. Journal of Personality and Social Psychology, 96, 288-304. Higgins, E. T. (1997). Beyond pleasure and pain. American Psychologist, 52, 1280-1300. Maddox, W. T., & Ashby, F. G. (2004). Dissociating explicit and procedural-learning based systems of perceptual category learning. Behavioural Processes, 66, 309-332. Maddox, W., Baldwin, G. C., & Markman, A. B. (2006). Regulatory focus effects on cognitive flexibility in rule-based classification learning. *Memory & Cognition,* 34, 1377-1397. Maddox, W., Markman, A. B., & Baldwin, G. C. (2007). Using classification to understand the motivation-learning interface. *Psychology of Learning and Motivation, 47, 213-250.* Seibt, B., & Forster, J. (2004). Stereotype threat and performance: How self-stereotypes influence processing by inducing regulatory foci. Journal of Personality and Social Psychology, 87, 38-56. Steele, C. M., & Aronson, J. (1995). Stereotype Threat and the Intellectual Test-Performance of African-Americans. Journal of Personality and Social Psychology, 69, 797-811. Stone, J., Lynch, C. I., Sjomeling, M., & Darley, J. M. (1999). Stereotype threat effects on Black and White athletic performance. Journal of Personality and Social Psychology, 77, 1213-1227. Walton, G. M., & Cohen, G. L. (2003). Stereotype Lift. Journal of Experimental Social Psychology, 39(5), 456-467.

### Contact information: grimm@tcnj.edu, misclab@tcnj.edu